

# Patricia Kolesa

Registered Dietitian and Nutrition Educator

Patricia is a registered dietitian with four years of experience educating individuals and groups, from young children to elderly adults. She has been a guest on podcasts featured on Apple, IHeartRadio and Spotify and has also collaborated with popular food brands like Chobani, Banza and AppleGate. Patricia is the founder of Dietitian Dish LLC, where she empowers and educates working women on how they can add nutrition into their daily lives and still enjoy their favorite foods.



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## Services Offered

- ✓ Speaking Engagements
- ✓ Cooking Demonstrations
- ✓ Brand Partnerships
- ✓ Food Product Reviews
- ✓ Tabling Events

## Let's Work Together!

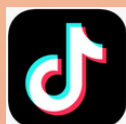
Please contact me for topics, rates and pricing

✉ [dietitian.trish@gmail.com](mailto:dietitian.trish@gmail.com)

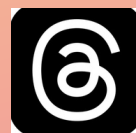
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